



## BREAKFAST

### BIRCHER MUESLI

Wheat, milk, nuts (peanuts, almond)

### JINNY'S GRANOLA

Wheat, milk, nuts (almond)

### LAVA FRENCH TOAST

Wheat, eggs, milk

### FRENCH TOAST BACON

Wheat, eggs, milk, sulphites

### FULL IRISH

Wheat, eggs, milk, sulphites

### AVOCADO TOAST

Wheat, rye, nuts (cashew, walnut, hazelnut)

### HEN EGG ROYALE

Wheat, eggs, fish, milk, sulphites

### SAUSAGE BRIOCHE BAP

Wheat, eggs, milk, mustard, sulphites

### SMOKED SALMON

fish

B&W PUDDING wheat, sulphites

POTATO BOXTY wheat

## LUNCH

### SEASONAL SOUP WITH BREAD

Soup: please ask server. Bread: wheat, milk

### BURRATA

Wheat, rye, milk, nuts (cashew), sulphites

### SMOKED SALMON

Wheat, rye, fish, milk, sulphites

### HAM & CHEESE TOASTIE

Wheat, rye, milk, mustard, sulphites

### STEAK SANDWICH

Wheat, soybeans, milk, sulphites

### MEATBALLS

Wheat, rye, eggs, milk, nuts (pistachio), sulphites

### RAVIOLI

Wheat, eggs, milk

### SUPERFOOD SALAD

Cereals, milk, nuts (cashew), sulphites

MIXED GREENS milk

MIXED SALAD eggs, sulphites

SLAW eggs, sulphites

## BAKERY

### BEWLEY'S BUTTERMILK SCONE

Wheat, egg, milk

### SEASONAL PLANT BASED TEA CAKE

Soya

### ZERO WASTE APPLE PIE

Wheat, egg, milk

### ALL BUTTER CROISSANT

Wheat, egg, milk

### ALMOND CROISSANT

Wheat, egg, milk, nuts (almond)

### PAIN AU CHOCOLAT

Wheat, egg, milk

### CINNAMON SPICE BUN

Wheat, egg, milk

### CHERRY BUN

Wheat, egg, milk

### ALMOND BUN

Wheat, egg, milk, nuts (almond)

## PATISSERIE

### BASQUE CHEESECAKE

Wheat, eggs, soybeans, milk, nuts (pistachio)

### BANOFFEE BROWNIE

Wheat, eggs, soybeans, milk

### GIANDUJA TARTELLETTE

Wheat, eggs, milk, nuts (hazelnuts)

### AUTUMN MERINGUE

Eggs, milk, sulphites

### THE MARY CAKE

Wheat, egg, milk, sulphites

